

# PSHE at St. Johns C of E Primary School



Our aim is to provide pupils with the knowledge, understanding, attitudes, values and skills young people need in order to reach their potential as individuals and within the community. They are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of their school and communities. In doing so they learn to recognise their own worth, work well with others and become increasingly responsible for their own learning. They reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up. They learn to understand and respect our common humanity; diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning.

To value my own and others' **BOUNDARIES** by respecting myself and my classmates.

To be **RESILIENT** when faced with challenges in my life.

To be **FOCUSED** on making and acting on informed decisions in my life.

To give **RESPECT** myself by becoming a healthy and fulfilled person, that can contribute positively to society.

To **SELF-REGULATE** if things do not go to plan

To be **INDEPENDENT** and accept responsibility for my actions.

A **LOVE** for myself and others.

**RESPECT** that everyone is different.

Show **COURAGE** when faced with challenging situations and conversations.