

KS1	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year R	<u>PE expectations</u> Changing independently Safety and behaviour Speaking and listening Warm ups Movement games	<u>Dance</u> Learn steps and perform dance to music in a small group (nativity)	<u>Ball Skills</u> Throwing Catching Kicking Game design	<u>Gymnastics</u> 3 weeks floor work 3 weeks apparatus	<u>Team Games</u> Colour group relay games Track and field skills	<u>Preparation for Sports Day</u> Bean bag in bucket Hurdles